



**Emotion Center Copenhagen
invites you to**

**The First International Core-Training
in Intensive Short-Term Dynamic Psychotherapy
with a focus on couples and families**

By Leone Baruh, Italy

February 2020 - 2023

Special Core-training group with Leone Baruh in Copenhagen 2020

Emotion Center Copenhagen is thrilled to host the first 3-year Core-training in Denmark, focused on the application of ISTDP to couples and families, with Leone Baruh.

The group will follow the conventional Core-training format with approximately 10 participants meeting 4 times per year for 3 days, totaling 12 days per year. Beside the official meetings of the Core-group, 4 optional peer-supervision meetings will be held between the blocks of the Core-training. The first block of the Core-group will each year be Leone's Immersion in Copenhagen, continued by 3 blocks of 3 days throughout the year.

Attendees

The group welcomes therapists of all level of experience and skill, and will have a special focus on the application of ISTDP in working with couples and families, as well as enriching individual therapy with an understanding of couple- and family dynamics. The group offers the attendee, both an excellent opportunity to learn ISTDP from this master practitioner and to further expand his/her practice to include work with couples and families.

Tutoring and Peer supervision

As part of the training, newcomers to ISTDP will be offered 6 hours per year of tutoring by the therapists at the Emotion Center. Beside the official meetings of the Core-group, 4 peer-supervision meetings will be held between the blocks of the Core-training.

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Recognition

The core-training will be officially recognized by the International Experiential Dynamic Therapy Association (IEDTA), granting the attendee the title of IEDTA-certified practitioner upon completion.

About Leone Baruh

Leone Baruh is a psychologist and psychotherapist, Vice President and Head of Education of IEDTA (International Experiential Dynamic Therapy Association), Director of the SPAI Master in Intensive Short Term Dynamic Psychotherapy (www.masterspai.com), and founder and CEO of SPID-B (Sviluppo Psicoterapie Intensive Dinamiche Brevi). Leone has been working in private practice since 1993 and has devoted the last 20 years of his career in spreading, promoting and teaching Short Term Dynamic Psychotherapies. More recently he is developing and testing brand new ISTDP models for Couples, Families, Adolescents and Sportsmen.

Meeting plan

The first official meeting of the group will be this year's Immersion course, but should there be vacant spaces in the Core-group, it is possible for participants at the Immersion to apply for inclusion in the Core-group after the Immersion, but before the 2nd block of the core-group. The group's schedule will be set for a year at a time. The schedule for 2020 will be somewhat flexible, to accommodate all participants, but we suggest the following dates:

- 27-28-29 February 2020: 3 days of Immersion (for the Core-group this counts as the first block of the year).
- (May 2020: Peer supervision day)
- 18-19-20 June 2020: 3 days of core training (2nd block)
- (August 2020: Peer supervision day)
- 9-10-11 September 2020: 3 days of core training (3rd block)
- (October 2020: Peer supervision day)
- 19-20-21 November 2020: 3 days of core training (4th block)
- (January 2021: Peer supervision day)

Practical information:

Place: Emotion Center, Frederikssundsvej 60D, 1st floor – 2400 Copenhagen NV.

Price of Core-training (including the Immersion course): 30'000 DKK per year. Participants pay for and commit to one year of training at a time.

Registration: Contact Mikkel Reher-Langberg at psykolog@reher-langberg.dk