

invites you to an ISTDP-conference in Gothenburg October 11-12 2013
with

Jon Frederickson & Monica Urru

"THE UNCONCIOUS SIGNALING IN THE BODY"

How to read, understand and integrate body language in ISTDP

ISTDP was created by Habib Davanloo MD and is a psychotherapeutic method with roots in psychoanalytic theory, attachment theory and neuroscience. ISTDP therapists are helping the patient to get to the bottom of the problems in short time. The therapist is active in helping the patient turn against self-destructive defenses and blockings and be responsible for himself. Sessions are videotaped both to facilitate for the therapist and for supervision and research.

During this conference we will get a deeper knowledge of how emotional blockings are expressed in psychosomatic suffering and how we can reach unconscious feelings and impulses when we are attentive to body signals. The method will be illustrated with videotaped sessions.



Monica Urru, MD, is the President of the Italian Experiential Therapy Association and a psychotherapist in private practice in Rome. She is specialized in the traumatreatment and somatizations in adults. She is integrating ISTDP with different approaches (EMDR, sensorimotor psychotherapy, CRM neurofeedback). She cooperates with colleagues around the world. She is consultant for the Military Hospital in Rome and Florence. She offers supervision and core training in ISTDP in Europe and Middle East.



Jon Frederickson, MSW is the co-chair of the ISTDP training program at Washington School of Psychiatry. He is also chair of the training programs groups in USA, Middle East and Europe and together with colleagues founder of the Institute for ISTDP Training and Research. He is a highly regarded teacher and supervisor and is running core. He is the author of many articles and two books. Recently he has published his book "**Co-Creating Change - Effective Dynamic Therapy Techniques**", which has been highly recommended and is written as a guide to therapist in ISTDP theory and interventions.

Location: Folkets hus, Olof Palmes plats 3, 413 04, Göteborg
Date: October 11-12, 2013
Hour: Friday: 09:30am-05:00pm, registration 8.30am. Saturday: 8:30am-03:00pm
Fee: 3000 SEK non-members, 2200 SEK members, 1500 SEK students.
No VAT added. The fee includes coffee but no lunch
Registration: Se separate registration form
Refund: 50% refundable until October 1, 2013
Info: Liv Bengtsson liv.bengtsson@affekta.se, +46706388811