

Psykologiska institutionen på Göteborgs universitet inbjuder tillsammans med Svenska Föreningen för ISTDP till en föreläsning med **Jon Frederickson** på temat

The Man Who Awoke from a Coma

How do we help patients who dissociate in ISTDP? How do we work with patients who have been traumatized? In this workshop, Jon Frederickson will present videotaped excerpts from his work with a dissociative patient who had not responded to previous therapies. The patient, a fifty year old man, was on probation at university for failure to finish assignments, poor memory, and an inability to function in everyday life. In this presentation, you will learn:

- how to identify and work with flashbacks
- how to identify and work with dissociation
- how to gradually build affect tolerance



Jon Frederickson, MSW, is on the faculty of the Intensive Short Term Dynamic Psychotherapy (ISTDP) Training Program at the Washington School of Psychiatry. He is also on the faculty of the Laboratorium Psykoeducacji in Warsaw and teaches at the Ersta Sköndal Högskola in Stockholm. Jon has provided ISTDP training in Sweden, Norway, Denmark, Poland, India, Australia, and the U.S. He is the author of over thirty published papers and two books, *Co-Creating Change: Effective Dynamic Therapy Techniques* and *Psychodynamic Psychotherapy: Learning to Listen from Multiple Perspectives*. His book, *Co-Creating Change*, won the first prize in psychiatry in 2014 at the British Medical Association Book Awards.

His forthcoming book is *The Embrace: how the truth heals in therapy*. He has DVDs of actual sessions with patients who previously failed in therapy at his website www.istdpinstitute.com. There you will also find skill-building exercises designed to help therapists acquire the interventions skills necessary to develop and maintain an effective focus. He writes posts on ISTDP at www.facebook.com/DynamicPsychotherapy.

Plats: Lokal F1 på Psykologiska institutionen, Haraldsgatan 1, 413 14 Göteborg

Datum: 2 mars 2016

Tid: Kl 17:00-21:00 (registrering från kl 16:30)

Kostnad: 500 kr. Ingen moms tillkommer.

Anmälan: Anmälan genom att maila namn och telefonnummer till liv.raissi@affekta.se.

Betalning: Betala avgiften till bankgiro: 300-3944. Skriv "ISTDP1603: Ditt namn" i meddelanderutan. Du kommer att få en bekräftelse på din anmälan när betalningen är gjord.

Info: Genom Liv Raissi liv.raissi@affekta.se, +46706388811