

The Swedish Society for ISTDP in collaboration with St Lukas utbildningsinstitut
Invites you to a one-day presentation with **Jon Frederickson** on the topic of:

Working with the highly resistant patient

How do we develop a therapeutic relationship with a patient who had led a self-destructive life of deceit, fraud, exploitation, unpaid debts, and using women to support him? Patients who have been so cruel to others can be a challenge to our therapeutic skills. How do we empathize with them while maintaining clear boundaries around their destructiveness? How do we reach the person hidden underneath the pathology? How do we keep the patient from transforming the therapy into another destructive relationship?

In this presentation Jon Frederickson will show a series of session videos illustrating how to work with patients whose destructiveness would ordinarily prevent any change from occurring. Videos of the sessions will show how to:

1. Address treatment destructive behavior
2. Identify devaluation of the therapist and block it
3. Identify moment-by-moment treatment destructive ways of relating to the therapist



Jon Frederickson, MSW, is on the faculty of the Intensive Short Term Dynamic Psychotherapy (ISTDP) Training Program at the Washington School of Psychiatry. Jon is also Chair of the ISTDP Training Program hosted by the Norwegian ISTDP Society, Drammen, Norway. He is also on the faculty of the Laboratorium Psykoeducacji in Warsaw and teaches at Ersta Sköndals Högskola, Stockholm. Jon provides ISTDP training in Sweden, Norway, Denmark, Poland, Italy, Lebanon, Australia, India and the U.S. He is the author of over twenty published papers and two books, *Co-Creating Change: Effective Dynamic Therapy Techniques* and *Psychodynamic Psychotherapy: Learning to Listen from Multiple Perspectives*. His book, *Co-Creating Change*, won the International Book Award and the first prize in psychiatry from the British Medical Association. His DVDs, skill building exercises, and books are available at www.istdpinstitute.com. He writes posts on ISTDP at www.facebook.com/DynamicPsychotherapy

Location: Ersta Sköndal Högskola, Stigbergsgatan 30, Stockholm, Sweden

Date: Tuesday, October 20th, 2015

Time: Registration 8.30 – 9.00, presentation 9.00 – 17.00 (break for lunch approx. 12.00-13.00), evening reception 18.00 – 20.00

Price: 2000 SEK for non-members, 1500 SEK for members of the Swedish society for ISTDP, 750 SEK for full-time students

The price includes coffee during breaks as well as a glass of wine and appetizers at the evening reception

Registration: From Sweden: e-mail your name and phone number to peter.lilliengren@affekta.se for registration. Transfer the fee to bankgiro: 300-3944. Include "ISTDP1510: Your name" in the caption. You will get a confirmation of your registrations as soon as the payment is at our account.

From abroad: e-mail your name and phone number to peter.lilliengren@affekta.se for registration. Transfer your money to bank account 300-3944 (SE 3680000 8105 9923 9884 498, BIC/SWIFT SWEDSESS) Include "ISTDP1510: Your name" in the caption. You will get a confirmation of your registrations as soon as the payment is at our account.

Seats are limited, register now!

Contact: Peter Lilliengren: peter.lilliengren@affekta.se
Tobias Nordqvist: tobias.nordqvist@affekta.se