

Danish Society for ISTDP (DK-ISTDP) presents

THE 3. NORDIC ISTDP CONFERENCE: ISTDP for treatment resistant patients with personality disorders

November 20. – 21. 2014, Copenhagen, Denmark

Thursday November 20th 2014 (Allan Abbass, MD, FRCPC)

Metapsychology of the Unconscious and Spectrum of Psychopathology

In this case presentation, Dr. Abbass will review in detail the trial therapy and initial sessions of a complex and treatment resistant patient with cognitive perceptual disruption and somatization symptoms. He will review the rapid assessment tool of ISTDP that allows a tailoring of the approach to optimize the pace and effectiveness of the treatment session. He will focus on structural changes that take place at the level of unconscious anxiety and defense in the early phase of therapy.

Friday November 21st 2014 (Jon Frederickson, MSW)

The Drug Addict who had no Problem

This presentation will show how to work with a severely fragile patient who denies for fifty one minutes that he has any problem requiring psychotherapy. You will learn how to block projections and projective identification, splitting, projective identification, and mirror denial, in order to develop an intrapsychic focus. The case will illustrate how to differentiate a highly resistant neurotic patient from a highly resistant patient with a borderline level of character pathology. In the videotape you will learn how to deactivate projections in order to create a therapeutic alliance. And you will see how to help a patient with highly syntonic superego pathology see the price of his destructive behavior, so that he can finally see a reason to be in therapy.

About the speakers



Dr. Allan Abbass is Professor of Psychiatry and Psychology and founding Director of the Centre for Emotions and Health at Dalhousie University in Canada. He is a leading teacher and researcher in the area of Short-Term Psychotherapy, having contributed over 150 publications. He is the recipient of numerous awards for teaching, including a national teaching award in Psychiatry and the Douglas Utting Prize for contributions to the treatment of Depression (2013). He has been honored with visiting professorships at several international universities and institutions, and provides training programs in several international centers.



Jon Frederickson, MSW, is Chair of Washington School of Psychiatry's training program in ISTDP, and Founder of the ISTDP Institute. He currently teaches and supervises at ISTDP training programs in Denmark, Norway, Sweden, USA, Italy, and Poland. His latest book, *Co-Creating Change: Effective Dynamic Therapy Techniques*, published in 2013, is considered the most thorough and comprehensive textbook on ISTDP to date, and used at several psychotherapy training programs and universities.

Registration before August 19th 2014

Full fee: 2.720 DKK

Members of DK-ISTDP: 2.295 DKK

Students: 1.650 DKK

Registration after August 19th 2014

Full fee: 3.200 DKK

Members of DK-ISTDP: 2.700 DKK

Students: 1.950 DKK

The fee includes a morning snack, light lunch, afternoon snack, and coffee/tea

For information and registration: Go to www.istdp-danmark.dk and follow the instructions