

# First Norwegian Immersion in Davanloo's Intensive Short-Term Dynamic Psychotherapy (ISTDP) with Dr. Allan Abbass. Focus on the highly resistant patient.



The Location is  
Union Scene in central  
Drammen.

The fee is 1000  
Canadian Dollars  
(CAD), and includes  
nutrition breaks,  
lunch, and a course  
handout.

This course is open to  
regulated health  
professionals in good  
standing.

For additional info and  
questions please send  
email to:

[immersioncourse@  
istdp.no](mailto:immersioncourse@istdp.no)

Please use attached  
form for registration.

An application is not  
accepted until funds  
are received.

Thorsberg Døgnseksjon, DPS Drammen, Vestre Viken HF in concert with ISTDP Norway and Dr. Allan Abbass are pleased to provide a 4 day Immersion course in Davanloo's ISTDP at «Union Scene» in Drammen Norway June 10-13, 2013.

$\frac{3}{4}$  of referred patients are in the category of High Resistance. These patients tend to fail responding to standard treatment approaches. This first in depth Norwegian videotape based Immersion will cover the following areas:

- Overview of Davanloo's New Metapsychology of the Unconscious
- Details of the technique of psychodiagnostic assessment of Resistance
- Timing and application of pressure, challenge and head on collision with Resistance
- Partial and Major Unlocking of the Unconscious
- Working with the mobilized unconscious
- Unconscious content in highly resistant cases



***Dr Allan Abbass***

Dr. Allan Abbass is currently a Professor of Psychiatry and Psychology, Director of Psychiatric Education and founding Director of the Centre for Emotions and Health at Dalhousie University in Halifax, Nova Scotia, Canada.

He completed a degree in Medicine at Dalhousie, a residency in Family Medicine at McGill University and has worked as both a family physician and an emergency physician. He began to study with Dr. Davanloo at McGill University in 1990, where he was provided training in Intensive Short-term Dynamic Psychotherapy. Following this exposure to mental healthcare, he decided to complete a residency in Psychiatry at the University of Toronto with the goal of teaching and conducting research in psychotherapy.

He is now a leading teacher and researcher in the area of Intensive Short-term Dynamic Psychotherapy, having contributed over 125 publications. These articles can be viewed at [www.istdp.ca](http://www.istdp.ca) He is known for simplifying the theory and technical aspects of the model with the use of algorithms and through highlighting moment to moment processes that inform intervention. He has received a number of teaching awards including a national teaching award in Psychiatry. He has been honoured with visiting professorships at several international universities and institutions.

His recent research includes clinical trials and several meta-analyses of short-term psychotherapy, including the Cochrane Review of Short-term Psychodynamic Psychotherapy for common mental disorders. He provides training programs for local and international audiences in the area of anxiety, depression, somatic disorders and personality disorders.

For research updates and conference notices see: Twitter: istdp, [www.istdp.ca](http://www.istdp.ca) and [www.istdp.no](http://www.istdp.no)



**Registration Form: Norwegian ISTDP Immersion 2013**

**June 10-13.**

Location: Union Scene, Grønland 60, 3045 Drammen.

Fee: \$1000 Canadian

Fees are due upon registration to reserve a spot.

Seating is limited.

75% refundable until April, 30

Non-refundable after April 30

Name: \_\_\_\_\_

Profession: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Cell phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

\_\_\_\_\_

Fee is to be wire transferred in Canadian Dollars and must include all banking fees. In the wire payment include your name and the caption Norway Immersion 2013: YOUR NAME.

Dr. Allan Abbass, MD, Inc., account number 702430077011. The account is at Bank of Nova Scotia - Coburg & Robie, 6005 Coburg Road, Halifax , Nova Scotia, Canada, B3H 1Y8. The telephone number is 1-902-420-4929. SWIFT code: NOSCCATT. Transit Number: 70243. Institution Number: 002. Routing Number: 026002532

Email this registration form to: [regimmersioncourse@istdp.no](mailto:regimmersioncourse@istdp.no)

For all questions please email: [immersioncourse@istdp.no](mailto:immersioncourse@istdp.no)